

The Armor of God

Wrestling Match – Day 1

1. Write Ephesians 6:12 in the space below:

Reading back over it, circle what the Bible says you are *not* wrestling against, then underline the four entities that you *are* wrestling with.

2. Draw an oval below and write the names of the most difficult person, most pressing problem, and/or most overwhelming circumstance you're facing in life right now. Mention several if you'd like. Take your time. You'll be referring back to this list several times throughout your study.

In what ways are you currently "wrestling" with this person or circumstance?

3. Last sentence in the paragraph I read: "Everything that occurs in the visible, physical world is directly connected to the wrestling match being waged in the invisible, spiritual world."

Rewrite that sentence into your own words.

Go back to the oval you drew and write "Not the Real Enemy" beside it with an arrow pointing to the oval.

4. Write down some of the specific ways you've felt "pinned down" in your life recently using the topics below:

Relationships –

Mental –

Physical –

Other –

5. Read Ephesians 1:18-21 and 3:14-19, and record as many details as you can pick up about the intention of Paul's prayers.

6. Open your Bible to 2 Kings 6:15-17 and answer the following questions:

What did Elisha's servant see when he woke up?

Given his next action, how would you describe the servant's emotional state at that moment?

What was Elisha's reaction?

How is Elisha's prayer for his servant similar to Paul's prayer for the Ephesians?

7. Take inventory of some of the riches given to you in Christ with which you can pin down the enemy. Write key words from each verse below. When you've accomplished the list, read it out loud.

Ephesians 1:3 -

Ephesians 1:7-8 -

Ephesians 1:13 -

Ephesians 1:18-19 -

ACTIONABLE INTEL (write yours below)...